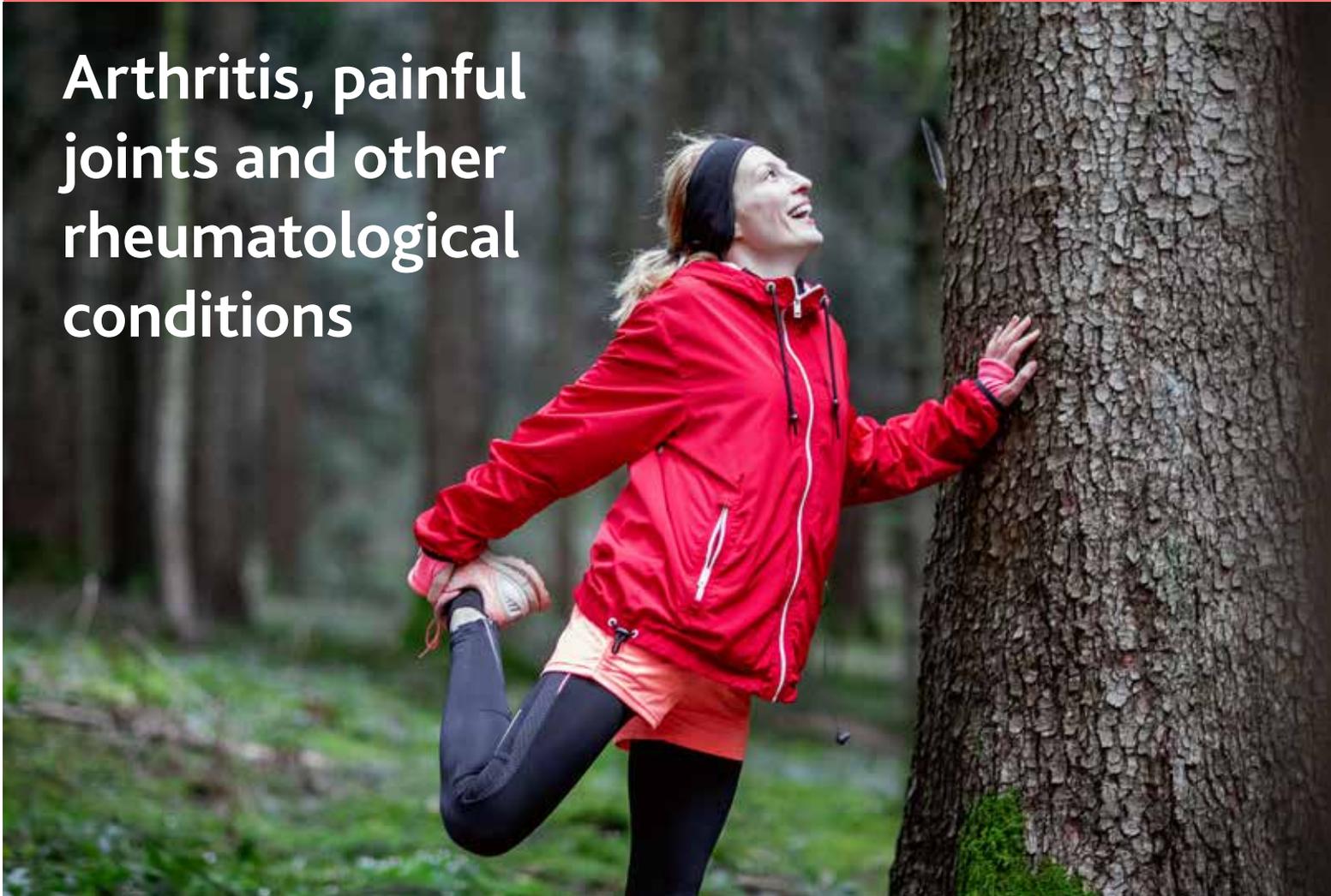


Arthritis, painful joints and other rheumatological conditions



If you are living with the pain of arthritis or have swollen or painful joints, then Circle Rehabilitation could help, whether at our specialist centre in Birmingham or from our network of Circle and BMI Healthcare hospitals.

We understand how much the pain is holding you back from achieving what you want to do, and the pressure and stress that this can bring. Effective rehabilitation and ongoing management of a condition can help improve quality of life and provide reassurance and knowledge for friends and families to help and support too.

We have a medically-led team of private physiotherapists, nurses, occupational therapists, dietitians, and other healthcare professionals, and a large range of state-of-the-art equipment and therapies that can help you.

By managing your symptoms and reaching your rehabilitation goals, you will increase your confidence, and cope better with stress and anxiety.

Care after diagnosis or treatment

If you have been diagnosed with a condition that has affected your joints, bones, cartilage, tendons, muscles or ligaments then we can help.

Consider our specialist team as your own personal team. Working with you, they will help you identify your rehabilitation goals and help you towards achieving them. They will check on your progress, adjusting your treatment plan as you improve in your strength and confidence.

We can provide care within the day or, if you need it, Circle Rehabilitation can help with round the clock care that includes up to three hours of therapy per day.

Our aims are:

- To help you build strength and confidence
- To work in partnership with you to help you towards achieving your rehabilitation goals
- To help you develop a plan to minimise your pain

We will:

- Treat you as an individual, putting together a package of care that is tailored to you
- Support you towards achieving your goals

Circle Rehabilitation is the largest rehabilitation network in the UK, set in our specialist centre in Birmingham and in our Circle and BMI Healthcare hospitals across England, Scotland and Wales.

Although we are a large network, you will always be treated as an individual. Everyone is at a different point on their rehabilitation journey, and we will design a package of care with you that suits your individual needs. Our expert medical team includes consultants, doctors, nurses, psychologists, physiotherapists, dietitians and other specialist rehabilitation therapists. They'll provide you with the latest treatment and therapies utilising state-of-the-art technology, in a high quality hospital setting.

You set the goals; we work towards them together.

Funding your rehabilitation treatment

Do you have private medical insurance? Circle Rehabilitation is recognised by many of the major insurance and medical legal providers. Alternatively, you can pay for your own treatment. If you would like more information about using your private medical insurance, or if you would like to discuss prices for your individualised package of care, please call us on **0800 096 3236** or email rehab@circlehealth.co.uk

We welcome referrals from GPs, consultants, insurers, solicitors and directly from patients. We can provide assistance to individuals, embassies and overseas patients on admissions, and we welcome enquiries from patients and their families to determine the most appropriate care we can offer.

0800 096 3236
or email rehab@circlehealth.co.uk

