

For when you need to get back to work following an illness or surgery



Perhaps you are self-employed and losing income, or perhaps your team is feeling the effect of you being away. Or perhaps you are frustrated at how long it is taking for you to feel better.

Whatever the reason, we will be able to work with you to develop a programme to help get you back to work.

You may need physiotherapy after an operation, or help to boost your recovery after an illness.

Or, especially if you have been off work for some time, the thought of returning to work may feel daunting.

We have a medically-led team of private physiotherapists, nurses, occupational therapists, dietitians, psychologists and other healthcare professionals, and a large range of state-of-the-art equipment and therapies that can help you.

Whether you choose to see our teams at our specialist rehabilitation centre in Birmingham, or in one of our Circle and BMI Healthcare hospitals across the UK - we are here for you.

Getting you back on your feet

We take a whole-person approach when helping you set a rehabilitation plan. You may want to spend some time getting stronger, improving your flexibility or regaining some of the fitness that you used to have.

As well as your physical health, we can help you with your emotional health too. You may benefit from taking some time with a psychologist, talking about how you are facing a return to work and developing strategies to make that easier.

We have a wide range of the latest specialist rehabilitation equipment and access to specialist consultants and further diagnostic equipment if you have a condition which needs further investigation.

Our aims are:

- To help you build strength and confidence
- To work in partnership with you to help you towards achieving your rehabilitation goals
- To get you back to work confidently

We will:

- Treat you as an individual, putting together a package of care that is tailored to you
- Support you towards achieving your goals

Circle Rehabilitation is the largest rehabilitation network in the UK, set in our specialist centre in Birmingham and in our Circle and BMI Healthcare hospitals across England, Scotland and Wales.

Although we are a large network, you will always be treated as an individual. Everyone is at a different point on their rehabilitation journey, and we will design a package of care with you that suits your individual needs. Our expert medical team includes consultants, doctors, nurses, psychologists, physiotherapists, dietitians and other specialist rehabilitation therapists. They'll provide you with the latest treatment and therapies using state-of-the-art technology, in a high quality hospital setting.

You set the goals; we work towards them together.

Funding your rehabilitation treatment

Do you have private medical insurance? Circle Rehabilitation is recognised by many of the major insurance and medical legal providers. Alternatively, you can pay for your own treatment. If you would like more information about using your private medical insurance, or if you would like to discuss prices for your individualised package of care, please call us on **0800 096 3236** or email rehab@circlehealth.co.uk

We welcome referrals from GPs, consultants, insurers, solicitors and directly from patients. We can provide assistance to individuals, embassies and overseas patients on admissions, and we welcome enquiries from patients and their families to determine the most appropriate care we can offer.

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