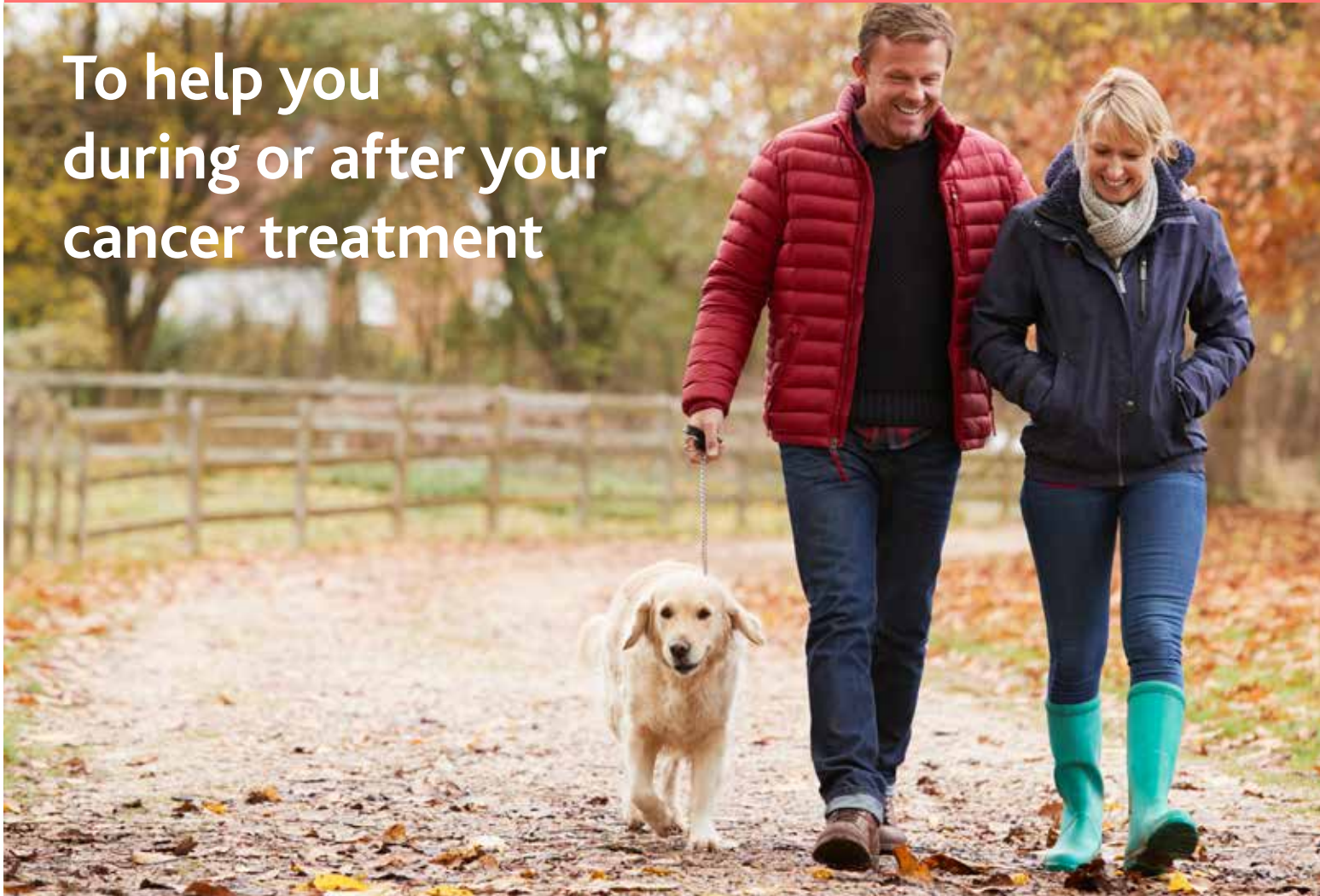


To help you during or after your cancer treatment



Our Circle Rehabilitation Centre in Birmingham has a specialised oncology clinic for people who are preparing to have, are having, or have had treatment for cancer and need some extra support for their physical and emotional wellbeing.

You may have questions about how you are feeling now and what it will be like in the future. If you are having problems with your mobility, feeling weak, having trouble sleeping or feeling tired, feeling overwhelmed, or unsure about nutrition or exercise then we may be able to help.

Everyone's experience is different. Whether you are having, or have had, surgery for cancer, radiotherapy or chemotherapy, immunotherapy or any other intervention, we can put together a programme for you around your own goals.

Our cancer rehabilitation team is made up of specialists who have the expertise to help you improve your mobility, increase your confidence, cope with stress and anxiety and form a plan for your next steps.

Care during or following cancer treatment

At Circle Rehabilitation, our team will create an individual private treatment plan for you. Your needs are as individual as you, and your health needs may differ to someone else's. You set your rehabilitation goals, and we work towards achieving them together.

Your private treatment plan is adjusted every day based on how you're doing. We measure your progress daily and can adapt your private treatment plan as needed.

We know that everyone is different, so we'll make sure that your private treatment plan is:

- Tailored just for you
- Based on up-to-date evidence-based practice
- Reviewed daily to ensure you're making the progress you should be making

Our aims are:

- To help you build strength and confidence
- To work in partnership with you and your consultant to achieve the best possible health outcomes for you
- To help you learn strategies for the future

We will:

- Treat you as an individual, putting together a package of care that is tailored to you
- Support you towards achieving your goals

Circle Rehabilitation is the largest rehabilitation network in the UK, set in our specialist centre in Birmingham and in our Circle and BMI Healthcare hospitals across England, Scotland and Wales.

Although we are a large network, you will always be treated as an individual. Everyone is at a different point on their rehabilitation journey, and we will design a package of care with you that suits your individual needs. Our expert medical team includes consultants, doctors, nurses, psychologists, physiotherapists, dietitians and other specialist rehabilitation therapists. They'll provide you with the latest treatment and therapies utilising state-of-the-art technology, in a high quality hospital setting.

You set the goals; we work towards them together.

Funding your rehabilitation treatment

Do you have private medical insurance? Circle Rehabilitation is recognised by many of the major insurance and medical legal providers. Alternatively, you can pay for your own treatment. If you would like more information about using your private medical insurance, or if you would like to discuss prices for your individualised package of care, please call us on [0800 096 3236](tel:08000963236) or email rehab@circlehealth.co.uk

We welcome referrals from GPs, consultants, insurers, solicitors and directly from patients. We can provide assistance to individuals, embassies and overseas patients on admissions, and we welcome enquiries from patients and their families to determine the most appropriate care we can offer.

0800 096 3236
or email rehab@circlehealth.co.uk

